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METEOROLOGICAL DROUGHT RISK ASSESSMENT USING SPI NUMERICAL MODEL: A CASE STUDY OF HELMAND RIVER BASIN, AFGHANISTAN

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Abstract

Meteorological droughts, which result from insufficient precipitation, can cause significant economic damage. While preventing meteorological droughts is impossible, their harmful effects can be reduced through close monitoring. This study aims to evaluate the meteorological drought in the Helmand River Basin using the Standardized Precipitation Index (SPI) model. The hydrometeorological data used for this analysis were collected from the Ministry of Energy and Water (MEW) in Afghanistan. The precipitation data collected from MEW covers a 40-year period from 1979 to 2021. The SPI analysis of precipitation shows that 1990, 1991, and 1992 were moderately wet, while 1982, 1983, 1995-1998, 2005, 2014, and 2015 were nearly normal. However, moderately dry conditions were observed in 2000, 2001, 2018, and 2021. Among the sampled stations, Waras and Gardez consistently had low drought levels, while Tarnak, Shila-i-charkha, and Khwabgah stations experienced moderate-level drought. Meanwhile, Lashkargah and Adraskan stations exhibited relatively high levels of drought. In conclusion, this research on the HRB, using the SPI method, has provided valuable knowledge for understanding drought dynamics in the region. The findings underscore the importance of conducting region-specific analyses, the necessity of implementing sustainable water management strategies, and the global significance of addressing drought as a pressing environmental challenge.

Keywords: Meteorological Drought, Standardized Precipitation Index, Risk Assessment, Precipitation, Helmand River Basin

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INTRODUCTION

Drought, which is a consequence of climate change (Said et al., 2024), presents a significant threat. It leads to a long-lasting water deficit, loss of biodiversity, and disruptions to community livelihoods (Rahman & Lateh, 2016). It also increases the frequency of climatic hazards (Mishra & Singh, 2010). Global warming as an amplifier increases the global risk of drought (Tabari & Willems, 2023; Vicente-Serrano, Quiring, Peña-Gallardo, Yuan, & Domínguez-Castro, 2020). This disruption affects agricultural activities, water resources, and ecosystems (Cao et al., 2022; Geng et al., 2015; Lu et al., 2017; Potop & Türkott, 2010). Meteorological drought, a substantial outcome, arises from recurrent and transient natural adversities coupled with inadequate precipitation and possesses the potential to impose extensive economic ramifications. While the complete prevention of meteorological droughts remains unattainable, vigilant monitoring and the implementation of mitigative measures can improve their adverse impacts (Dash et al., 2012). Therefore, assessing drought is crucial for effectively managing water resources and for both short-term and long-term economic and social planning (Keskin et al., 2011). According to Hua et al. (2022), future projections for Central Asia suggest that there will be a rise in the frequency of droughts. This can be attributed to unsustainable land use practices and inadequate water management, which contribute to the risks associated with droughts (Abdullah & Rahman, 2015; Gleick, 2014; Lei et al., 2016; Wilhite, 2002).

Afghanistan faces the persistent threat of drought owing to its arid climate and minimal annual precipitation (Aliyar et al., 2022; Jiang & Gharabaghi, 2021; The World Bank, 2017). From 1980 to 2014, the country received a mere 217 mm of rainfall annually (Jiang & Gharabaghi, 2021). The primary contributors to the risk of drought include low average rainfall and poor water management practices (Christian et al., 2021; Mann & Gleick, 2015; Shahzaman et al., 2021). Additionally, insufficient progress in the energy industry has heightened the susceptibility to drought in the country (Shah et al., 2019). The severe impacts of drought in Afghanistan are reflected in the annual agricultural damage amounting to USD 280 million (The World Bank, 2017). With 80% of the population relying on the agriculture and livestock sectors for their daily needs (Jawid & Khadjavi, 2019; Rasooli et al., 2020; Samim et al., 2021). As of September 2018, over 50% Afghans faced severe water and food insecurity, with approximately 20 million people still grappling with these challenges. Moreover, 371,000 individuals have been internally displaced due to the drought-induced conditions in the country (*Lessons from drought response in Afghanistan*, 2022).

Afghanistan is highly susceptible to the impacts of climate change, including droughts, floods, intense heatwaves, and other weather-related

disasters. According to projections from the Food and Agriculture Organization (FAO), it is estimated that around 90% of Afghanistan will experience drought conditions by 2050, with a water shortage anticipated as early as 2040 (Mayar, 2021). Climate change is contributing to the decline in vegetation cover in the country as well. According to Nabizada et al. (2022), the droughts in 2001 and 2008 resulted in the lowest levels of vegetation coverage, reaching 6.2% and 5.5% respectively (Rousta et al., 2020). The Helmand River Basin (HRB), which is the largest among the five basins in Afghanistan (Goes et al., 2015; Nabizada et al., 2022), is located in the southern region of the country and has a semi-arid climate. It also extends into Iran and Pakistan (Goes et al., 2015). From 2007 to 2017, the Helmand River Basin experienced a temperature rise ranging from 0.9 °C to 2.5 °C in winter and 0.5 °C to 1.2 °C in summer (Nasimi et al., 2020). The mean annual precipitation varies from about 50 mm in the southwest to almost 300 mm in the northeast of the basin (Goes et al., 2016). Regarding precipitation in Afghanistan, the National Environmental Protection Agency (NEPA) anticipates a minor rise in the short term and a decline in the long term, with a projected decrease of 10–40 mm by 2090 (Goes et al., 2015). Over 50% of wheat, barley, and orchards in the HRB have been impacted by recent droughts (Qureshi & Akhtar, 2004).

Since the entire country is vulnerable to drought hazards, therefore, early warning systems can play a vital role in disaster risk reduction (Baudoin et al., 2016; Glade & Nadim, 2014; Hermans et al., 2022; Rogers & Tsirkunov, 2010). Drought risk assessment is required to assess drought hazards, risks, and impacts in specific regions (Belal et al., 2014; Nam et al., 2012; Vogt et al., 2018). The Standardized Precipitation Index (SPI) is an effective method widely used for drought assessment (Alahacoon & Edirisinghe, 2022; Karavitis et al., 2011; Liu et al., 2021). SPI analyzes rainfall trends, highlighting duration and severity over different periods (Augusto et al., 2021; Gadiwala, 2013; Khalili et al., 2011). It allows for calculations across various timescales, from one month to 72 months (Wu et al., 2005). The Standardized Precipitation Index (SPI), recognized by the World Meteorological Organization (WMO), serves as a suitable indicator for monitoring and assessing meteorological droughts. (Bera et al., 2021; Ekundayo et al., 2021). It has been widely utilized in studies conducted in Ethiopia (Wossenyeleh et al., 2022), the UK, (Rahmani & Fattahi, 2021), and Iran, (Fahimirad & Shahkarami, 2021).

A study conducted in the Punpun watershed, a tributary of the Ganga river basin, utilized the SPI method to assess meteorological drought hazards. The findings revealed drought periods from 2004 to 2006 and 2009 to 2010, with increasing intensity and duration after 2004 (Ojha et al., 2021). Another study conducted in West Bengal, India, also employed the SPI method and analyzed 117 years of rainfall data. The study identified frequent drought events with

negative SPI values, indicating a rise in dry events and a decline in wet and normal events in the region (Bhunja et al., 2020). Similarly, a study conducted in the Yellow River Basin, Henan Province, China, using the SPI method, identified both meteorological and hydrological droughts occurring at a 2–4-year timescale (Wang et al., 2020). Conversely, a study conducted in the Bundelkhand region of Central India, utilizing the SPI method, identified seven major drought events from 1981 to 2016 (Pandey et al., 2022). Likewise, in Raya, Northern Ethiopia, meteorological drought results based on the SPI-3 evaluation showed mild-to-severe drought phenomena occurring once every 2-3 years (Gidey et al., 2018). In contrast, a meteorological drought assessment conducted in the Sakae Krang River basin of Thailand using the SPI method found moderate and mild drought events from 1970 to 2014 in different sub-basins (Wichitarapongsakun et al., 2016). The São Francisco River Basin in Brazil was evaluated for drought based on the SPI-12. The study identified a severe and prolonged drought episode between 2012 and 2020, with a duration of 103 months in the upper portion of the basin (Santos et al., 2017).

In this particular study, we have chosen the Standardized Precipitation Index (SPI) as one of the methods to evaluate drought hazards in the Helmand River Basin (HRB). This choice is based on the significance and widespread use of the SPI method in drought assessment. The main objective of our study is to assess meteorological drought in HRB, considering the region's vulnerability to drought hazards.

MATERIALS AND METHOD

STUDY AREA

Afghanistan, a landlocked country in South Asia, has an arid to semi-arid climate with cold winters and hot summers (Sabory et al., 2020). The country is divided into five major river basins: the Amu Darya River Basin, Northern River Basin, Harirud-Murghab River Basin, Kabul River Basin, and Helmand River Basin (Dost & Kasiviswanathan, 2023; Nagheeb & Warner, 2018). It can also be classified into five distinct climatic regions: the Hindukush Region, Northern Plains, Central Highlands, Eastern Slopes, and Southern Plateau (Jawid & Khadjavi, 2019). The Helmand River Basin (HRB), the largest among the five basins in Afghanistan, is located between latitudes 29° 18' to 34° 48' and longitudes 60° 18' and 69° 36' (Akbari & Torabi Haghghi, 2022; Sabory et al., 2020). It is a closed river basin situated in the semi-arid climate of southern Afghanistan, extending into Iran and Pakistan. The Helmand River, approximately 1300 Km in length, serves as a vital water resource shared by Iran and Afghanistan. The basin covers an area of about 400,000 km², with 81.4% in Afghanistan, 15% in Iran, and 3.6% in Pakistan. Originating from the Hindu Kush

mountains, the river flows through the Sistan plain and reaches Hamoun Helmand (Goes et al., 2016).

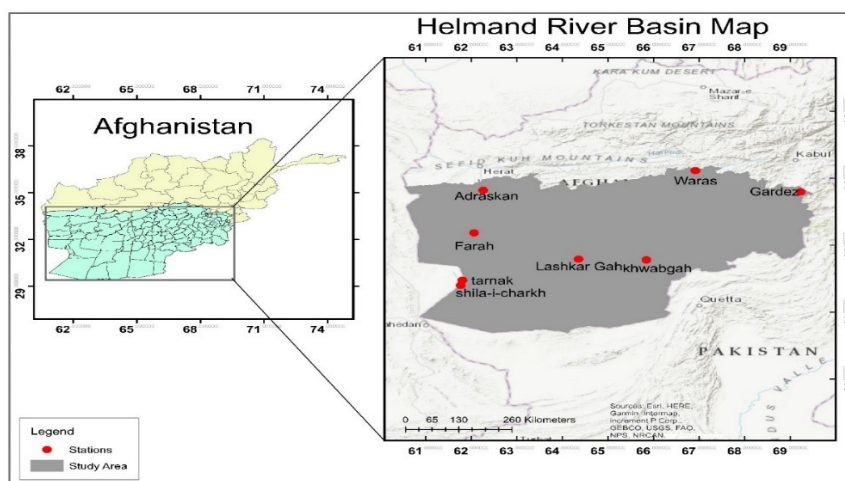


Figure 1: Study Area Map

DATA COLLECTION

The research used qualitative methods to evaluate drought risk in the Helmand River Basin (HRB) based on the Standardized Precipitation Index (SPI). Data on precipitation from the Ministry of Energy and Water, collected over a period of 40 years, were used. The Ministry provided data from seven stations: Farah, Khwabgah, Lashkargah, Shila-i-Charkh, Adraskan, Tranak, and Waras. The annual average rainfall was calculated from the monthly, quarterly, and half-year data. The study relied on SPI time scales of 1, 3, 6, 9, and 12, chosen based on relevant literature. After completing the SPI analysis, the severity of the drought was assessed and highlighted. Geostatistical analysis and interpolation techniques, implemented using ArcGIS, were used to map and evaluate drought hazards in the HRB. This approach allowed for a comprehensive understanding of the spatial distribution and intensity of drought conditions in the study area.

RESULTS AND DISCUSSION

PRECIPITATION

Table 1 presents data on annual rainfall in the Helmand River Basin from various stations including Farah, Khwabgah, Lashkargah, Shila-i-Charkh, Adraskan, Tarnak, and Waras. Among these stations, Khwabgah received the least amount of rainfall, with an average of 72.4 mm, a minimum of 4.32 mm, and a maximum of 196.7 mm. Lashkargah and Shila-i-Charkh experienced moderate levels of

rainfall, averaging 96.4 mm (with a range of 27.0 mm to 204 mm) and 61.47 mm (with a range of 5.17 mm to 141 mm), respectively. In contrast, Adraskan had the highest average rainfall at 210 mm, with a minimum of 36 mm and a maximum of 367 mm. For a more detailed overview of the rainfall characteristics at each location, please refer to Table 1.

Table 1: Annual Rainfall Characteristics of HRB

Station	Mean (mm)	Minimum (mm)	Maximum (mm)
Adraskan	210	36	367
Farah	117	17.8	293
Gardiz	207	49	432
Khwabgah	72.4	4.32	196.7
Lashkargah	96.4	27.0	204
Shila-i-Charkh	61.47	5.17	141
Tarnak	173	46	412
Waras	211	69	389

Table (2) presents the categorization of Standardized Precipitation Index (SPI) values, which are utilized for assessing wetness or dryness. The SPI is a well-established tool for monitoring drought conditions. The categorization classifies SPI values into seven distinct categories, ranging from extremely wet (SPI > 2.0) to extremely dry (SPI < -2.0). SPI values between -1.0 and 1.0 indicate near-normal conditions. These criteria are helpful in determining the severity of drought and can offer valuable insights for decision-making processes related to water resource management, agriculture, and disaster response planning.

Table 2: Categorization of SPI values

State	Criteria
Extremely wet	SPI > 2.0
Very wet	1.5 < SPI < 2.0
Moderately wet	1.0 < SPI < 1.5
Near Normal	-1.0 < SPI < 1.0
Moderately dry	-1.5 < SPI < -1.0
Severely dry	<2.0 < SPI < -1.5
Extremely dry	SPI < -2.0

METEOROLOGICAL DROUGHT ANALYSIS

The research findings on the Helmand River Basin (HRB) using the SPI indicate varying levels of wetness and dryness for specific years. The SPI classification system, widely used in meteorology, categorizes drought conditions into different categories, including Extremely Wet, Very Wet, Moderately Wet, Near Normal, Moderately Dry, Severely Dry, and Extremely Dry. Based on the SPI

calculations, several years in the HRB were identified as near-normal conditions ($SPI < 1.0$). For example, the years 1984, 1986, 2009, 2013, and 2018 were classified as near-normal based on SPI-1, and the years 1981, 1982, 1997, 2005, and 2014 were categorized as near-normal based on SPI-12. Comparatively, based on the SPI different indices, seven major drought events were identified in the Bundelkhand region of Central India between 1981 and 2016 (Pandey et al., 2022). Additionally, SPI-12 identified 1990, 1991, 2014, 2019, and 2020 as moderately wet years ($1.0 < SPI < 1.5$), and SPI-9 identified 1991, 1992, and 1993 as moderately wet years.

Conversely, the analysis revealed some years characterized as moderately dry (SPI values between -1.5 and -1.0) and severely dry (SPI values below -1.5). Specifically, SPI-12 identified 2000, 2001, 2018, and 2021 as moderately dry years, and SPI-9 classified 2017, 2018, and 2021 as severely dry years (See Figure 2). The analysis of multiple SPI indices (SPI-1, SPI-3, SPI-6, SPI-9, and SPI-12) provided insights into the wetness and dryness patterns in the HRB (see Figure 2). Several years exhibited normal wet conditions across different SPI indices, such as 1982, 1983, 1996, 1997, 1998, and 2015. Additionally, the years 1991, 1992, 2005, and 2019 were consistently categorized as moderately wet based on SPI-12.

The study conducted in Southeast Australia utilized SPI methods and found severe drought from 2013 to 2019 (Yildirim and Rahman et al., 2022). This finding is similar to the HRB, which identified severe drought periods from 2018 to 2021. In contrast, the study done in the Sakae Krang River basin of Thailand found moderate and mild drought levels in different sub-basins (Wichitarapongsakun et al., 2016). This differs from the HRB research, which did not specifically mention the presence of moderate or mild drought levels.

Furthermore, based on the São Francisco River Basin study, findings showed severe and prolonged drought between 2012 and 2020 (Freitas et al., 2022). This finding aligns with the HRB research, which found severe drought in 2018.

Overall, the comparison of the HRB research findings with studies conducted in other regions reveals both similarities and differences in terms of identified drought occurrences, severity, and duration. These comparisons emphasize the need for region-specific analysis and highlight the importance of understanding local climate and hydrological conditions when assessing drought hazards and implementing effective water management strategies.

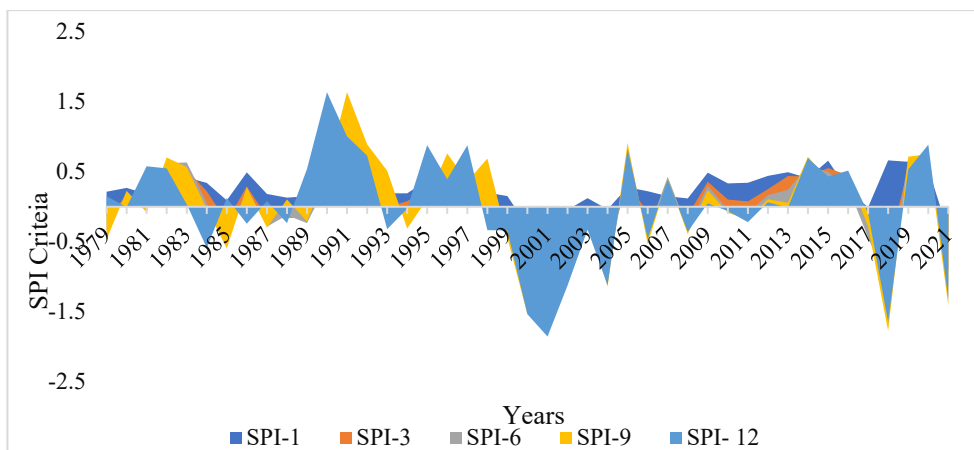


Figure 2: Various SPI indices of HRB between 1979 and 2021

According to SPI values of 1, 3, 6, 9, and 12, the years 1990, 1991, and 1992 were moderately wet. Additionally, the years 1982, 1983, 1995, 1996, 1997, 1998, 2005, 2014, and 2015 experienced drought conditions that were close to normal, with SPI values between -1.0 and 1.0. On the other hand, the years 2000, 2001, 2018, and 2021 were moderately dry, with SPI values between -1.5 and -1.0 (Figure 3).

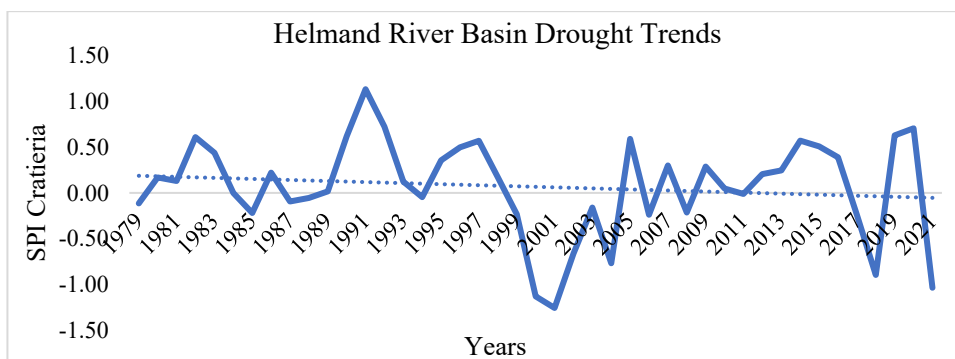


Figure 3: Drought Trends in HRB between 1979 and 2021

Using ArcGIS, we analyzed SPI data from 1979 to 2021. SPI measures precipitation deviation from the long-term average and helps assess drought severity. We examined SPI values at different time scales (SPI-1, SPI-3, SPI-6, SPI-9, and SPI-12) using ArcGIS for analysis and visualization. As we interpreted the SPI values on the map, we found that the Waras and Gardez stations in the Helmand River Basin consistently experienced low levels of

drought throughout the analyzed period. On the other hand, the Tarank, Shila-i-charkh, and Khwabgah stations showed a moderate level of drought, indicating relatively better precipitation conditions compared to Waras and Gardez. Lashkargah and Adraskan stations had a relatively high level of drought, suggesting relatively favorable precipitation conditions in those areas (Figure 4).

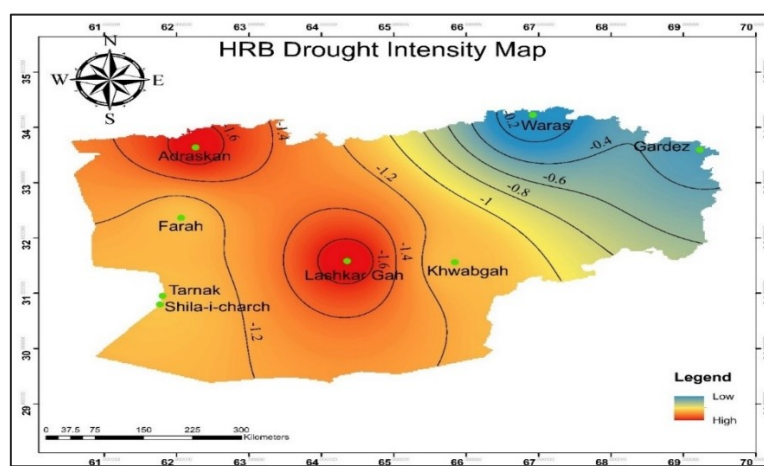


Figure 4: Drought Intensity in Helmand River Basin

CONCLUSION

The research conducted in the Helmand River basin (HRB) using SPI has provided valuable insights into the patterns of wetness and dryness in the region. The SPI has enabled the identification of specific years characterized by varying levels of wetness or dryness by classifying drought conditions into different categories. The analysis revealed near-normal conditions, moderately wet years, and severely dry years in the Helmand River Basin. These findings highlight the dynamic nature of climate patterns in the region and their significant impact on water availability and agricultural productivity. Interestingly, when comparing the results from the HRB with studies conducted in other regions, both similarities and differences emerged. Some regions experienced severe and prolonged drought periods, while others witnessed moderate or mild drought levels. These variations underscore the importance of understanding local climate and hydrological conditions when assessing drought hazards and implementing water management strategies.

The comparison also emphasizes the need for region-specific analysis. While there are similarities in terms of drought occurrences, severity, and duration, each region has unique characteristics that influence its vulnerability to drought. Therefore, it is crucial to consider these local variations in order to

develop effective strategies for mitigating the impacts of drought and ensuring sustainable water management. Moreover, the findings from the HRB research align with studies conducted in different parts of the world, demonstrating the global nature of the drought challenge. Similar patterns of drought occurrences and their impacts on local communities and ecosystems were observed from Southeast Australia to Raya in Northern Ethiopia, the Punpun watershed in India to the São Francisco River Basin in Brazil. These similarities highlight the interconnectedness of our planet's climate systems and the urgent need for coordinated efforts to address the increasing frequency and severity of drought events worldwide.

In conclusion, the research on the HRB using the SPI method has contributed valuable knowledge to our understanding of drought dynamics in the region. The findings emphasize the importance of region-specific analysis, the need for sustainable water management strategies, and the global significance of addressing drought as a pressing environmental challenge. As the physical and psychological comfort of humans is based on the availability of water (Ying et al., 2023), integrating scientific research, local knowledge, and international cooperation can help us work towards building resilience, adapting to changing climate patterns, and securing a sustainable future for all.

CONFLICTS OF INTEREST

The authors state that they do not have any known financial interests or personal relationships that could have potentially influenced the work presented in this paper.

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